



**inlingua**  
**La Rochelle - Île de Ré**

**French courses 2017**  
**Adults & Juniors**



# Summary

## inlingua programmes



Pages	Programme Number of participants	Ile de ré Duration	La Rochelle Duration
p.9 to 15	<b>General French</b> Adults Max 6 Students Max 10		<b>All year round</b> 15h/week 20h/week 30-34h/week
p.16-17	<b>Long term students</b> Max 10		<b>All year round</b> 22,5 h/week
p.18-19	<b>One to one</b>	<b>Summer : 1.5 hours/day</b> <b>All year round :</b> 15 - 20 - 27 - 34 h/week	<b>All year round</b> 15 - 20 - 27 - 34h/week
p.20-21	<b>50+</b> 3 to 6		<b>French + Culture</b> May 28th - June 10th October 8th - 21st
p.22-23	<b>Juniors 14 – 17</b> 3 to 8	<b>3rd July - 12th August</b>	
p.24-25	<b>School groups</b> On demand		<b>All year</b>

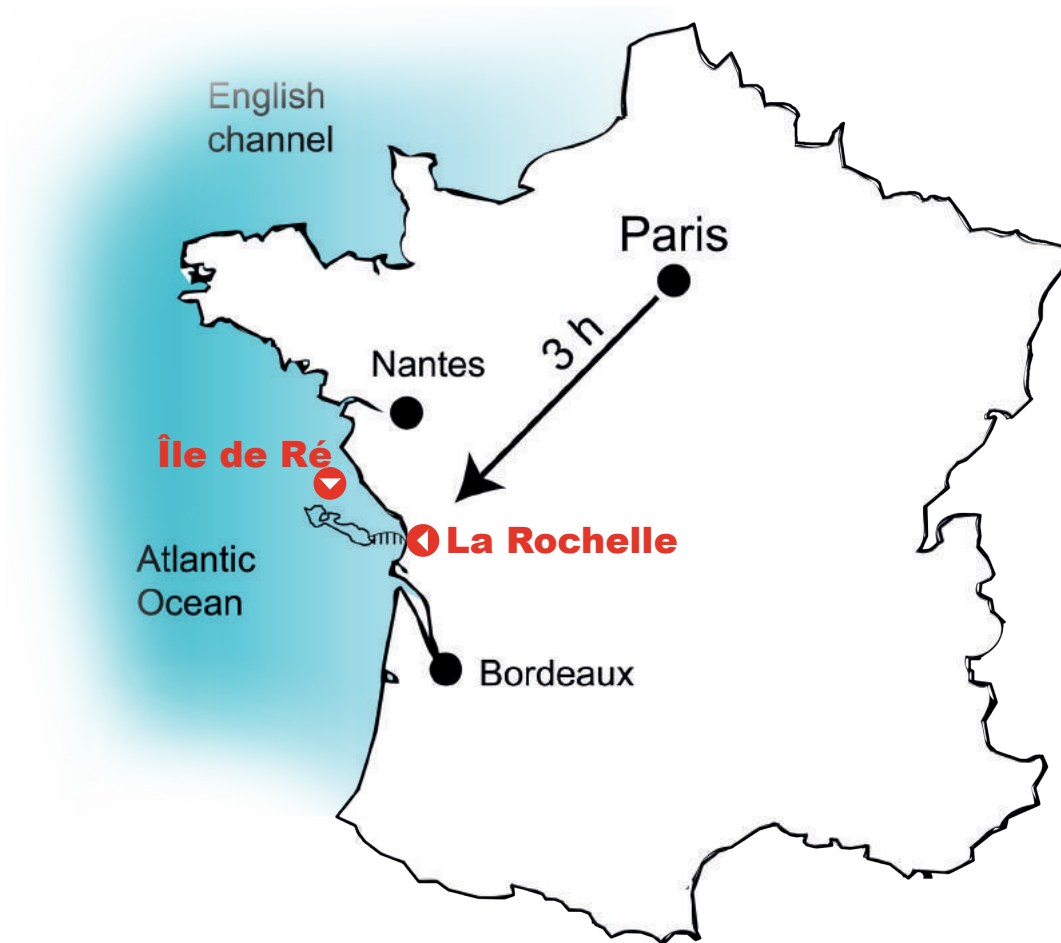
Our hours are 60 min long

Our groups are divided into 6 different levels, from complete beginners up to advanced learners.  
New groups start every Monday, with the exception of the complete beginners, depending upon our calendar.

# Locate

## La Rochelle & l'Île de Ré

Situated on the Atlantic coast of the Charente Maritime our centres in La Rochelle and on the Île de Ré welcome you all year round in conditions ideal for learning, tourist exploration and getting away from it all.



“ Only 3 hours  
by TGV from Paris ”



# ■ La Rochelle

“ **La Rochelle is the 6th most visited town in France as well as the largest Marina in Europe.** ”



Looking out over the ocean, La Rochelle is a town of history and culture linked to its important maritime trade.

Coastline, marina and beaches are accessible in just a few minutes on foot and allow you to relax and discover the magnificent scenery that makes our town an all-year-round attraction.

Blessed with a wide network of buses and cycle paths La Rochelle has also introduced the “vélos jaunes” which allow you to move around, night and day, in the heart of the urban area. You may also take the waterbuses linking Minimes to the old Port and the Tour de la Chaine to the high tech multimedia Library.

**Do you like culture?** Discover the important periods of history of the town through its monuments, on your own or with a guide. La Rochelle will hold no more secrets for you !

**Are you sporty?** La Rochelle is the destination for you. Great experiences await you !

“ *For the first time, the Charente Maritime, the department where La Rochelle is located, is the favorite place in France for French tourists.* ”



# Our centre



To improve your comfort and welcome you in the best conditions possible, **inlingua** moved to new and bigger premises in November 2016.

Set in Minimes near colleges and universities, our centre benefits from a privileged location.

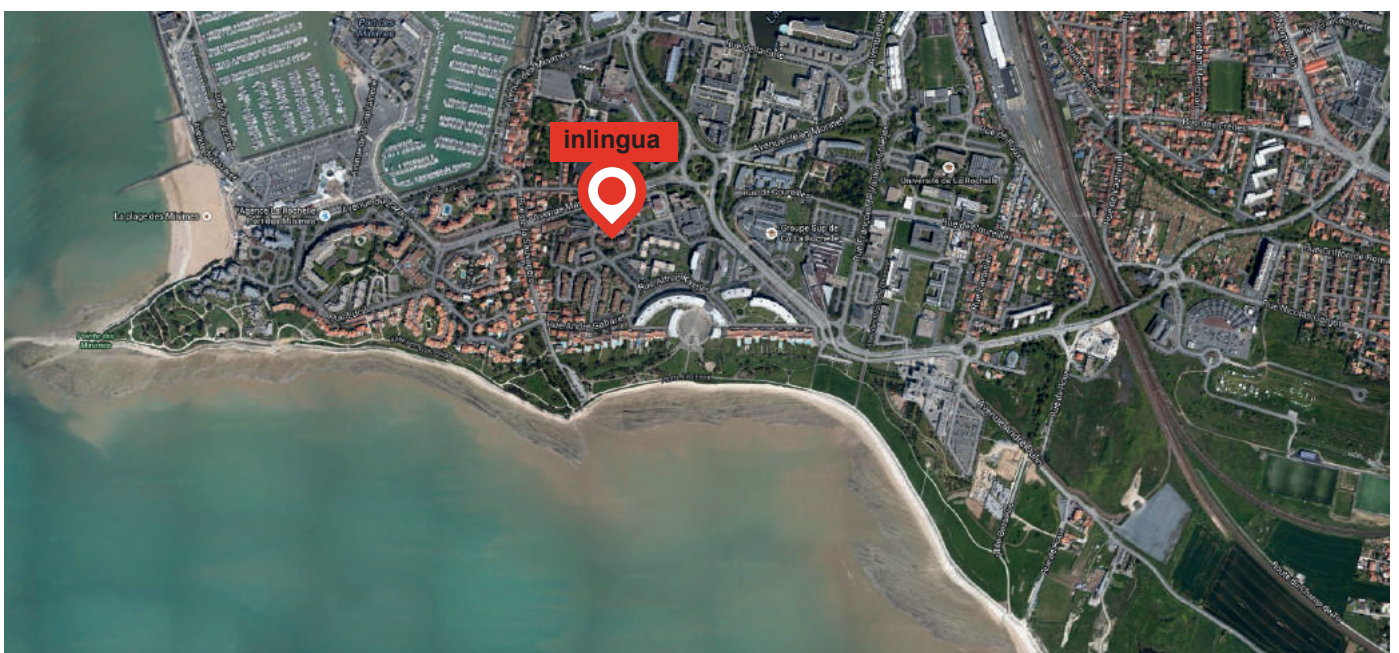
We are just 5 minutes walk from our main accommodation of the Residence New Rochelle and the Youth Hostel.

The Port of Minimes itself has a number of shops and restaurants and the beach is just 10 minutes walk from the centre or 3 minutes from either of the residences.



## Our facilities:

- 8 training rooms
- 3 further rooms
- A multimedia room
- 6 internet points
- Wifi
- Free parking
- Large Terrace (50m<sup>2</sup>)



# WHY Choose inlingua ?



**inlingua** has developed an original method based on the natural learning process and oral application, allowing more rapid attainment of comprehension and speaking skills than other traditional methods.

This method has been tried and tested worldwide since 1968.

Thousands of trainees each year benefit from **inlingua** training courses in 322 centres spread throughout 37 countries.

Our local teams have in the last 2 years received trainees of different nationalities, among them American, German, English, Spanish, Mexicans, Russians, Irish, Swiss....

For **inlingua** La Rochelle it is of the utmost importance to offer the maximum speaking time to each trainee, that's why our groups are very small.



**inlingua** La Rochelle offers options aimed at those who wish to rapidly use the French language. They allow

our trainees to overcome their fear of speaking in public and to reach their personal and professional objectives.

The use of role play allows you to employ the language in situations which are beneficial to you.

Our trainers have numerous resources, varied tools and diverse activities which give a dynamic rhythm to face to face teaching.

Our custom built packages allow the trainer to target the best activities for each trainee to help them achieve their objectives.

A progress evaluation is carried out every 2 weeks, to ascertain what has been learnt and what objectives still have to be reached.

Studying with **inlingua** also gives you the possibility of discovering the beautiful Ile de Ré, a real jewel in the Atlantic Ocean.



We also are Bildungsurlaub accredited in Bremen, Hamburg, Berlin, Brandenburg, Sachsen-Anhalt, Baden-Württemberg and Rheinland-Pfalz.

“ **inlingua** reception staff are at your disposition to help organise your visits and discovery week-end. ”



# Teaching **method**

The **inlingua** teaching method is essentially oral learning.

Trainers make the students feel comfortable and encourage them to speak, make mistakes, be corrected and so learn from them, giving them confidence.

The **inlingua** method is centred around teaching principles that will apply to every day and professional life.

**Activities are split into three phases :**

## PRESENTATION



This first phase is where the trainer introduces new language, giving examples and demonstrating how it is used, as well as teaching the correct pronunciation.

## PRODUCTION



In this final phase, participants are encouraged to explore and expand upon the new language they have just learnt, combining it with language that they have previously learnt. They are encouraged to talk about themselves, their opinions, experiences and generally broadening their discussions and taking part in role plays.

## PRACTICE



During this phase of the lesson, participants practice and repeat the language that has just been introduced to them, under the guidance of the trainer. The aim is for the learners to correctly structure phrases, using questions and answers games. Any mistakes made are corrected.

# Our training tools

Trainer resources are constantly evolving and thanks to video technology, genuine documents are often used as course materials.

Our participants can be filmed or recorded during short presentations or company visits so they can become aware of their strengths and weaknesses.



## inlingua On Line (iOL)

**inlingua** has put its principal supports online in **inlingua On Line**.

**iOL** offers an open and varied environment :

- Grammar revision and practice exercises.
- Oral comprehension
- Links to the Press, Web TV and Radio
- A customizable avatar which can read any text
- Technical vocabulary

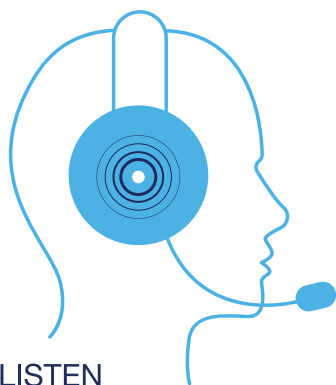
**iOL** has a built-in dictionary.

## SpeedLingua

**inlingua** La Rochelle has set up a partnership with SpeedLingua whose software enables reinforcement of oral comprehension and oral production. It will be an invaluable asset to your French lessons.

SpeedLingua is able to analyze, and modulate your voice in real-time. Combined with your teaching in blended-learning, progress is quick and natural.

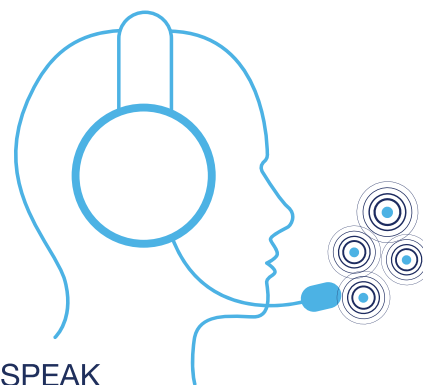
Speedlingua's content is based on standards recognized by language professionals, such as the Common European Framework of Reference for Languages.



LISTEN



REPEAT &  
HEAR YOUR OWN VOICE  
ADAPTED TO THE RIGHT  
FREQUENCIES



SPEAK  
CORRECTLY



# Our programmes

## General French



### TEACHING CONTENT

Trainers create programmes and objectives on a weekly basis based on your language skills, your needs, your interests and your objectives with emphasis on communication skills.

Audio and audio-visual supports are integrated into each lesson.

Complete beginners are integrated for a minimum of 2 weeks, on dates specified on our online calendar.

### TERMS AND CONDITIONS OF INSCRIPTION

During inscription the trainee will indicate their choice of programme and specify their needs and expectations. Our online multiple choice test must be done at least 15 days before the arrival date to help organize the groups according to levels.

### THE FIRST DAY

An interview is carried out on the first day to decide which group is best adapted to your level. The Welcome is at 8.30am and the class starts at 9am.

Each Monday from 1.30 to 3.30pm a guided tour of the town is organized for new arrivals.

## DIFFERENT FORMULAS

**15 hours** - Monday to Friday from 9am to 12.15pm with a 15-minute break

**20 hours** - Programmes 15 hours + 2 workshops on Tuesday and Thursday afternoons

any exceptions will be announced during the Welcome on Monday morning. The workshops are changed regularly :

- Cinema (comprehension of film extracts),
- Readings
- Historical Themes
- Cooking Recipes (to be tried out on the terrace!)
- Wine (regions and vocabulary)
- Café discussion on current affairs.....

These workshops bring together a maximum of 10 - 15 participants depending on the activity.

Depending on participants' length of stay and needs, part of these workshops could take the form of individual or tutored multimedia work on IOL or Speedlingua.

**22.5 hours** - **University admission preparation course.** This programme is for students who wish to reach a B2 level and to sit an exam to get into university or higher education establishments.

Programme 15 hours



Programme 20 hours



Programme 22,5 hours



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Morning</b>	General French course				
9am - 12.15pm (15 mn break)					
12.15pm - 1.30pm	Lunch break				
<b>Afternoon</b>	Visit of La Rochelle <b>for new students</b>	Workshops	Methodology Study in France Diploma preparation	workshops or multimedia or seminar	
1.30 pm - 4.15pm (15 mn break)					

30 and 34-hour programmes: intensive programmes for adults are offered all year round.

**15 or 20 h per week**  
**Maximum 6 participants**

# General French for Adults in mini groups



“ 4 participants on average - maximum 6  
 Average age in 2016 : 36 years old ”

- This programme is aimed at **adult learners who wish to develop their communication** skills around current themes.
- The accent is on **the atmosphere and interactive exchange**, favourable to making rapid progress.
- The **small number of participants** allows the trainer to be attentive to your linguistic needs and the subjects you would like to discuss.

- **Minimum age** : 30
- **Duration** : 15 or 20 hours
- **Length of stay** : 1 week minimum
- **Groups** : maximum 6
- **Location** : La Rochelle
- **Date for entry for beginners** : see our online calendar
- **Dates** : All year round

Price per week

Formula	1 week	2-3 weeks	4-8 weeks	9 weeks+
15 hours	€ 426	€ 378	€ 344	€ 328
20 hours	€ 495	€ 441	€ 429	€ 390
Tuition fees (valid for a year)	€ 80			

**Intensive  
30-34 hours**

# General French

## All year round

- This programme has been specially created for adult learners who wish to rapidly develop their knowledge of French in a professional context or to enrich their knowledge of the French language and culture.
- This programme is recognised by several German regions within the framework of **Bildunsurlaub**
- **The 30-hour programme** is constructed in the following way



		Monday	Tuesday	Wednesday	Thursday	Friday
Morning	9 am to 12.15 pm	General French for Adults, mini groups 3 - 6 people 15 hours				
	Lunch					
Afternoon	1.30 pm	Individual work micro groups 2/3 people	Workshop French culture	Individual work micro groups 2/3 people	Workshop French culture	Individual work micro groups 2/3 people
	4.15 pm					
	4.45 pm					
	5.15 pm					

The individual work in micro groups is always led by an **inlingua** Trainer. The groups are for 2-3 people which allows the needs of the participants to be targeted more easily (work on weak grammar points, pronunciation, vocabulary for a specific job or project, preparing presentations or working on written expression)

Modern and efficient multimedia tools may be used by the trainer during certain sessions. The trainer will always be present during this type of session.

The 34-hour programme is based on the 30-hour format with the addition of 4 1-hour solo sessions.

Price per person per week	1 week	2-3 weeks
30 hours	€ 792	€ 744
34 hours	€ 1 054	€ 1 020
Tuition fees (valid for 1 year)	€ 80	

# General French for Students

**15-20h per week**  
**Maximum 10 participants**



- **For students who wish to rapidly use French**, communicate in everyday situations or take an exam.
- **Minimum Age** : 17
- **Duration** : 15 hours - 20 hours - 22.5 hours (long term students)
- **Length of Stay** : Minimum 1 week
- **Groups** : maximum 10
- **Location** : La Rochelle
- **Date of entry for beginners** : see our online calendar
- **Dates** : All year round

## ► Campus **inlingua La Rochelle**



During the summer months **inlingua** has use of a **University residence** which is ideally located in the port of Minimes.

The Residence de la Francophonie is situated 900m from the **inlingua** centre and 350m from the beach at Minimes. Students have double rooms (or single rooms at an extra charge). Each room has a bathroom with WC, a work space and a fridge.

Breakfast is served in the communal area of the Residence; the half-board option includes an evening meal in the cafeteria of the Youth Hostel just 900m away.





The town centre can be reached by Waterbus, with a stop just 350m from the residence. The beach at Minimes, numerous shops, bars and restaurants are also nearby.

• **Dates** : from July 9th to August 19th 2017

• **Activities** : An **inlingua** leader will offer a variety of activities 4 times a week (volleyball, pétanque, free concerts, party nights in town or at the Youth Hostel...)

Financial contributions will be requested for certain activities (bowling, rock climbing, accrobranche...) as well as for the Saturday excursions (Ile de Ré, Ile d'Aix, Fort Boyard, Bordeaux, Futuroscope...)

For ease of movement around town by either bus or boat, a pass will be provided for the duration of your stay.

• **Francofolies Special: 12th to 16th July**

For almost 20 years the Francofolies have been the biggest Festival of French Music in the world. The **inlingua** team envisages a special event during this festival. Numerous “alternative” concerts are free of charge and your leader can advise and direct you. We can also book tickets for the main concert, for further information please follow the news on our website and social network sites.

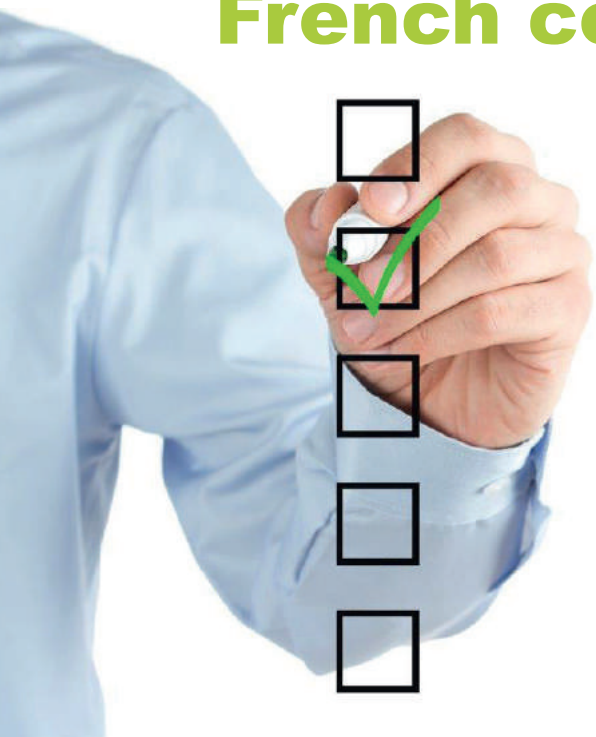


Price per week	1 week	2-3 weeks	4-8 weeks	9-12 weeks	13 weeks+
15 hours classes only	€ 246	€ 228	€ 216	€ 192	€ 168
20 hours classes only	€ 342	€ 318	€ 306	€ 279	€ 231
15 hours + residence	-	€ 690	€ 660	-	-
20 hours + residence	-	€ 755	€ 725	-	-

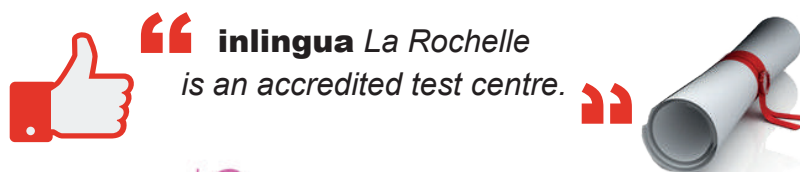
- Inscription fees (valid one year) € 80 - not applicable to Campus Programme
- Single room supplement/week € 48
- Diner supplement/week € 74

*Other accommodation options can be seen on page 28*

# French certificate preparation



While learning French at **inlingua** La Rochelle it's also possible to prepare for internationally recognized exams. Whether you wish to study or work in France or simply test your level in French, we offer a wide range of diplomas and certificates, some of which are awarded by the French Ministry of National Education.



**inlingua** La Rochelle  
is an accredited test centre.



## DELF - DALF

**DELF** (Diplôme d'Études en Langue Française) and **DALF** (Diplôme Approfondi de Langue Française) are official qualifications awarded by the French Ministry of Education to certify the competency of candidates from outside France in the French language. DELF is composed of 4 independent diplomas that correspond to the levels of the Common European Framework of Reference for Languages. This diploma is valid indefinitely.

DELF - DALF	USER
DELF A1	Basic
DELF A2	
DELF B1	Independent
DELF B2	
DALF C1	Advanced
DALF C2	

## DCL (Diplôme de Compétence en Langue)

The DCL is a professional diploma offered by the Ministry of Education, specially created for adults and which is valid for life. It meets the needs of the economic world. Its originality lies in the evaluation of language skills in situations reflecting the real world of work. In accordance with their performance candidates are awarded a diploma with their level between A2 and C1.

## TEF (test d'évaluation du français)

The **TEF**, created by the Parisian Chamber of Commerce, is an international reference test which measures your level of knowledge and skill in French.

The TEF is available in several versions

- **Study in France** (TEF for Study in France)
- **Obtain French nationality** (TEF for Naturalisation)
- **Immigrate to Canada and obtain Canadian nationality** (TEF Canada)
- **Immigrate to Québec** (TEFAQ)

The test consists of papers which evaluate your oral comprehension and production skills, your written comprehension and production skills and your language level.

The TEF comprehension papers take place online and the oral production part takes place in the presence of approved examiners.

You will receive a certificate which shows your score and where you are placed on the European CECRL.

The TEF is **valid for 2 years**.

*There are other diplomas. For all enquiries please contact us.*

# Preparation

## DELF - DALF - TEF - TCF - DCL

**inlingua La Rochelle** has created specific preparation programmes for the main tests and diplomas for French as a Foreign Language.

### Preparation for DELF in groups

One week before the exam an accredited trainer, examiner and corrector will provide you with intensive preparation. You may enrol in one of our General French programmes in the weeks beforehand in order to improve your level before following the Preparation DELF course.

Inscription must be done at least 10 days before sitting the exam. The inscription fees are extra.

**Minimum age :** 17

**Duration :** 1 week - 15 hours per week

**Groups :** maximum 8

**Location :** **inlingua** La Rochelle

Course start date	Exam date	Registration before
6th March	15th March - La Rochelle	20th February
9th May	15th May - La Rochelle	14th April
5th June	14th June - Royan	12th May
10th July	19th July - Bordeaux	10th June
14th August	23rd August - Paris	21th July

The lessons take place in the morning at 9 am, or in the afternoon at 2 pm. Evening classes can be arranged on request.

### Content

- Presentation of the **4 DELF exam papers** (oral and written comprehension, oral and written production)
- **Presentation and explanation of the marking scheme** for the production papers
- **Review of the linguistic skills** for the particular level
- **Improvement and more in-depth study** if necessary of the language specifics for the particular level.
- **Guided practice of the oral and written production papers**
- Advice on methodology for **listening and oral comprehension**
- **Practice tests** done in exam conditions.

### Individual Preparation : DELF - DALF - TEF - TCF - DCL

#### 10 hours a week

Your inscription to one of our General French courses may be completed by an individual preparation in the form of a workshop in the afternoon from 1.30 - 3.30 pm. This will include one hour with a specialized trainer and one hour of personal work to give you practice in the specific exams you need to take.

This option is possible on a date of your choice.

**The personal work consists of :**

- **Written comprehension papers** to be handed in for correction/evaluation
- **Written expression papers** to be handed in for correction/evaluation
- If needed **revision and exercises on points of grammar**



€ 270

€ 280

# Long term courses

**22.5 h per week**  
**Max 10 participants**



**This programme of 22.5 hours is aimed at long term students who wish to reach a B2 level of French to be able to pursue their studies in France.**

**This exclusive programme focuses on the 4 language skills (listening, speaking, reading, writing)**

- **Minimum Age** : 17
- **Duration** : 22.5 hours
- **Length of Stay** : Minimum 1 semestre
- **Groups** : maximum 10
- **Location** : **inlingua** La Rochelle
- **Date of entry for beginners** : January 9th – April 3rd – June 26th – September 18th
- **Semester 2017 dates** : January 9th to march 31st / April 3rd to June 23rd / June 26th to September 15th / September 18th to December 8th.

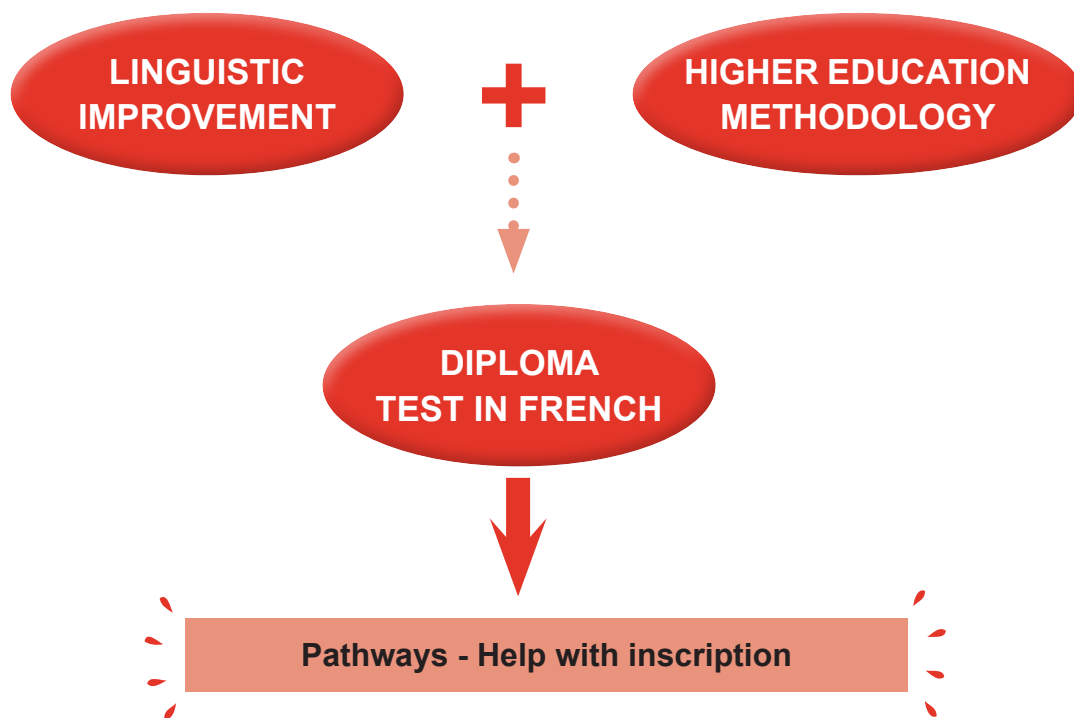
Formula	3 months	6 months	9 months
22.5 hours - Long term course	€ 3,132	€ 5,616	€ 8,100
Tuition fees (valid for 1 year)	€ 120		

Exam fees are not included in the price.



# Pathway for higher education in France

**inlingua La Rochelle** helps its international students continue their studies in France.



Our partners offer a wide variety of higher education – principally...

<p><b>Management School</b> <b>Bac+3 to Bac+5</b></p>  <p>Groupe Sup de Co La Rochelle Business School www.esc-larochelle.fr</p>	<p><b>Engineering school</b> <b>Bac+5</b></p>  <p>EIGSI ÉCOLE D'INGÉNIEURS LA ROCHELLE - CASABLANCA</p>
<ul style="list-style-type: none"> <li>• Masters in Management - Grande Ecole ESC</li> <li>• MBA - Finance, global business, Tourism and sport, Sustainable Development</li> <li>• Bachelor in Tourism Management</li> <li>• Bachelor in Business Management</li> <li>• International Bachelor</li> </ul>	<ul style="list-style-type: none"> <li>• Energy and Environment Majors, Transport Applications or Construction Applications</li> <li>• Industrial Systems Engineering and Management Major</li> <li>• Integration of Networks and Information Systems Major</li> <li>• Mechatronics Major</li> <li>• Design and Industrialization of Mechanical Systems Major</li> <li>• Construction and Public Works</li> </ul>

# Our programmes

## One to one classes



### PUBLIC

This formula is for those who wish to have a flexible schedule and made to measure content. The trainers know how to take into account the style of learning that suits you best, the content will be adapted to the needs that you express and the materials offered will focus on your weaknesses and your centres of interest.

### We offer you 5 options

#### On the waterfront

This programme is available only in July and August and takes place on l'Île de Ré. It includes 7.5 hours per week of French lessons, 5 sessions of 1.5 hours each day from 8:30am to 10 am or after 5.30pm. Other time slots cannot be guaranteed in advance as it depends on the centre availability.

#### Formula 15 hours

9am to 12pm or 2pm to 5pm depending on availability of the centre.

#### Formula 20 hours

8.30am to 12.30pm or 1.30pm to 5.30pm depending on availability of the centre.

#### Formula 27 hours

9am to 12pm and 2pm to 4pm.

On top of each lessons each week there will be a 2-hour lunch lead by a trainer or a guest.

#### Formula 34 hours

8.30 am to 12 pm and 2 pm to 4 pm.

On top of each lesson each week there will be a 2-hour lunch lead by a trainer or a guest.

**Tariffs** including VAT  
per person per week ▶

Programmes	1 week	2 - 3 weeks	4 - 8 weeks	9+ weeks
<b>ON THE WATERFRONT</b>	€ 549	€ 534	€ 519	€ 495
<b>15 HOURS</b>	€ 1,095	€ 1,065	€ 1,035	€ 990
<b>20 HOURS</b>	€ 1,440	€ 1,400	€ 1,360	€ 1,320
<b>27 HOURS</b>	€ 1,944	€ 1,890	€ 1,836	€ 1,782
<b>34 HOURS</b>	€ 2,448	€ 2,380	€ 2,312	€ 2,244
<b>TUITION FEES AND TRAINING SUPPORTS</b> valid for 1 year	€ 80			

## Combi formulas / General French + one to one lessons



### PUBLIC

These formulas are suited to those who wish to benefit from lessons in a group and to work on certain personal weaknesses or on particular subjects (specific needs...)

One to one classes in the afternoon are therefore tailored to your personal needs:

- Study of the vocabulary related to your job
- Preparation of meetings, presentations...

Combi 20 hours

General French 15 hours + 5 hours of individual lessons

Combi 25 hours

General French 15 hours + 10 hours of individual lessons

**Tariffs** including VAT  
per person per week

Programmes	1 week	2 - 3 weeks	4 - 8 weeks	9+ weeks
COMBI 20 hours students	€ 606	€ 577	€ 554	€ 520
COMBI 20 hours adults	€ 786	€ 727	€ 682	€ 656
COMBI 25 hours students	€ 966	€ 926	€ 892	€ 848
COMBI 25 hours adults	€ 1,146	€ 1,076	€ 1,020	€ 984
<b>TUITION FEES AND TRAINING SUPPORTS</b> valid for 1 year	€ 80			



# Our programmes

## 50 + Culture



**15h per week**  
**3 to 6 participants**

This programme brings together those over the age of 50, all with the same aim: to learn our language and discover our cultural heritage.

Lessons are held in the morning between 9 am and 12 pm, in groups made up of the same level of ability, with 3-6 people maximum. The teaching method is geared towards effective independent communication, allowing you to make the most of all of the activities suggested. In addition to the various cultural themes which are covered, authentic audiovisual tools are used so that you can practice in realistic situations.

### TWO WEEKS PROGRAMME

- **3 guided visits** : History of la Rochelle, guided visits of museums, meeting with artists or craftsmen, tour of the world famous boat the Hermione...
- **4 cultural workshops** : coffeehouse debate on news themes, French songs, cinema...
- **2 cooking classes** with "La Classe des Gourmets"
- **1 day excursion** on the Île de ré (collecting shellfish, cycling around the island...)

Weekend suggestion to visit Bordeaux, Le marais Poitevin, Le Puy du Fou, le Futuroscope, Cognac...

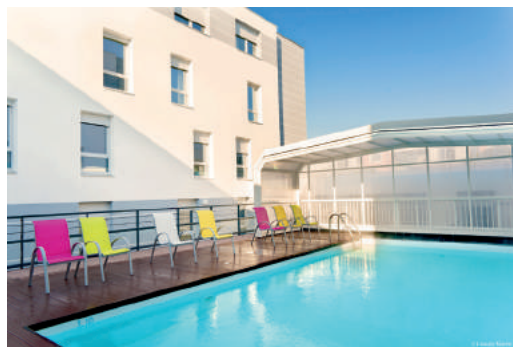
Our visits are always accompanied by a member of the **inlingua** team, or a guide to help you discover hidden gems and better understand the local history.

Courses take place out of the main summer season. It is recommended that the stay is for 2 weeks, however 1 week courses are also possible. (Arrival must be in time for the first week of the course).

**Dates** : May 28th - June 10th - October 8th - 21st



## Accommodation



Accommodation is guaranteed, in partnership with the 3 star L'escale Marine, which is situated a 5 minute bus trip or 10 minute bike ride from the **inlingua** centre.

Apartments are available for 1 or 2 people and are modern and comfortable. They are equipped with a kitchen, microwave oven and grill, ceramic hob, flat screen tv and a bathroom with either shower or bath.

### Services included

- **Indoor heated swimming pool**
- **Wifi**
- **Gym**

Services available at an additional cost

- Steam Room (€8 per session)
- Breakfast (€7 per person)

## Main activities



The COUNTANCEAU family has been famous in La Rochelle for its passion about cuisine for two generations. Grégory, the eldest of the family, made his initiation with Ducasse in Paris and Monaco, Darroze, Para, Anton, Lenôtre. The team of the 'Gourmet class' wish to initiate you to the real cuisine, product, techniques, secrets and tips for the pleasure of cooking, learning and hosting, thanks to varied courses.

Examples of cuisine workshops are displayed on our website.

**Tariffs** including VAT per person ▶

	1 week	2 weeks
<b>Studio for 1 person</b>	€ 997	€ 2,108
<b>Studio for 2 people</b>	€ 799	€ 1,670

This programme can be offered with accommodation in a host family - for further information please contact us.

## Ile de Ré Host families 14-17 years old



**inlingua** Junior courses are held on the Ile de Ré. This little island measures 30 km by 5 km at its widest point. The island is joined to La Rochelle by a bridge, and is made up of 10 typical yet individual villages.

Ré is paradise for cyclists, with 100Km of cycle routes circling the island, offering a number of different cycle tours, all in complete safety.

The **inlingua** centre is in the capital, Saint Martin de Ré, which has been classified as a World Heritage site by UNESCO.

Accommodation is with families in and around Saint-Martin-de-Ré. It takes about 20 minutes by bike to get to the **inlingua** Centre from your host family. There are also free bus and shuttle services available, linking the different villages together.

Breakfast and dinner are with the host family, who also provide a packed lunch. The families will all be able to help you discover the hidden parts of the island.

Lessons take place in the morning between 9:00 am and 12:00 pm or in the afternoon between 2:00 pm and 5:00 pm, depending upon the sports activities or upon the tides. The children are always in the company of either an **inlingua** member of staff, or a sports supervisor between 9:00 am and 6:00 pm.

The sports courses all take place in French, with a large number of French children as well.

In order to allow for organisational requirements, those students partaking in specialised sporting activities must do the course at the same time. Tennis courses are only available in the morning and cannot take place during certain weeks. (For more information please see the calendar on the website).



## PRACTICAL INFORMATION

### DATES :

A minimum of 2 weeks must be booked between the 2nd July and the 12th August.

### TRANSFERS :

The meet and greet takes place either at La Rochelle airport, or at La Rochelle train station. Transfers to Saint-Martin-de-Ré will be taken care of either by **inlingua** or by the host families.

**Arrivals :** July 2nd - 9th - 16th - 23rd and 30th

**Departures :** July 15th -22nd- 29th August 12th

### FOOD REQUIREMENTS :

Please mention at time of enrolment if you have any specific dietary requirements.

### SPORTS ACTIVITIES :

For all aquatic activities, relevant equipment will be provided by the clubs. You are free to bring your own equipment should you wish. A medical certificate permitting the participation in these activities will be required.

### EVENINGS :

Evening entertainment is often organised amongst the groups as they know about upcoming activities, free concerts, night markets, shows etc.

Other activities are also organised such as: collecting shellfish, fishing, volley ball, Geo Caching, learning how to play cards and French board games, French songs (karaoke) etc.



### PRICES

	Per week For the first two weeks	Extra week
French + Catamaran		
French + Windsurfing	€ 920	€ 860
French + Surfing		
French + Tennis		
French + multiactivity	€ 890	€ 830

# Our programmes

## School groups



Are you a French teacher, wanting to introduce your students to France in order to help them improve their language?

We can create bespoke programmes for your group, in a unique environment. Whether you are looking for a purely cultural stay, mixing practicing the language with history, or you want your students to participate in a number of sporting activities, we have something to suit you.



“ We can also prepare your students for French language and literature exams for pupils in binational classes. Whether you are preparing A-level, Abibac, Matura, Leaving certificate, Esabac or the Bachibac we can create specific programmes of varying intensity according to your length of stay. ”

Two options are available:

### French + Discover La Rochelle



This option allows you to discover the wonders of La Rochelle, its history, its museums and historical places of interest, as well as the beautiful Ile de Ré.

### French + Sport

This option allows you to discover the sports available in La Rochelle. You can participate in a number of varied activities, both nautical and on land.





## Practical information

### DATES






The minimum stay is for 1 week.

### ACCOMMODATIONS

Either in a hostel or in host families.






## Sample programme for one week French + **Cultural programme**

From  
480 €/child

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9 am	Groups arrive in La Rochelle	French Lesson	French Lesson	French Lesson	French Lesson	French Lesson	Excursion to the Ile de ré or departure
10 am							
11 am							
12 pm							
1 pm		Meal in Restaurant					
2 pm		Visit La Rochelle	Cruise	Gathering Shellfish	Visit to the 3 Towers	Maritime Museum	
3 pm							
4 pm							
5 pm							

## Example programme for one week French + **Sport**

From  
510 €/child

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9 am	Groups arrive in La Rochelle	French Lesson	French Lesson	French Lesson	French Lesson	French Lesson	Excursion to the Ile de ré or departure
10 am							
11 am							
12 pm							
1 pm		Meal in Restaurant					
2 pm		Visit La Rochelle	Cruise	Bike Ride	Sailing	Palmitud	
3 pm							
4 pm							
5 pm							

Reception at Bordeaux Merignac and Nantes Atlantique is possible, contact us for more information.

# Accommodation

## La Rochelle - Old Harbour



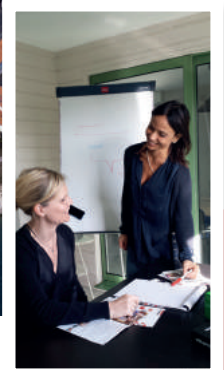
## Les Minimes - beach



Campus

Youth Hostel

Escale Marine



New Rochelle - studios

**ilingua**



# Accommodation Tariffs

## New Rochelle residence

The New Rochelle Residence is ideally situated only 5 minutes walk from the **inlingua** Centre. Studios are between 16m2 and 32m2 and equipped with the following:

- Fully equipped kitchen (sink, two electric cooking hobs, microwave oven, fridge, crockery, cutlery, and in the majority of the studios there is a dedicated dining area.
- Private bathrooms (with either bath or shower) and separate toilet.
- Main living room is fully furnished (double sofa bed)table/desk, chair, cupboard and individual electric heating.
- Additional facilities: Kettle, coffee maker, games (available on demand)
- possible parking
- Wifi

- For long term stays, please contact us.
- For short stays the studio can be occupied by 2 students who enroll together without any supplement.
- A deposit of 200 euros will be taken, but not cashed, and returned to you at the end of your stay, provided that the studio is left in good condition. An additional supplement of 40 euros will be charged if the property has not been cleaned prior to departure.



	Off-season	July and August
Studio / month	€ 579	-
Studio / week	€ 231	€ 287
Tourist tax	€ 0.83 / day / person	
Administration Fees	€ 70 / person	

## Youth Hostel

The youth hostel is situated 5 mins walk from the **inlingua** centre. Modern and comfortable, it offers a view over the Minimes port. All meals are at the hostel.

Accommodation	Price per person, per night. (breakfast is included and bedding is provided)
Single room	€ 37.61
Room with 2 beds	€ 24.41
Room with 3 beds	€ 22.61
Room with 4 beds	€ 22.61





## Host family

Accommodation with a host family offers the chance to speak French in a relaxed and convivial atmosphere and the occasion to familiarize yourself with local customs and traditions.

We therefore recommend the half board option including breakfast and dinner with the family.



**The families agree not to take more than one student of the same native language at a time.**

**Our team knows these families well**, selected not only for their hospitality, the comfort of their home but also for the warmth of atmosphere therein.

**Our host families are located close to our centres** : you can expect to travel between 10 and 30 minutes maximum on foot, public transport or by bicycle (very popular means of transport in La Rochelle or on the Ile de Ré) to rejoin your host family.

If you come by car please let us know at the time of enrolment.

This offer of **accommodation is open to those over 18**. However, minors with parental permission may also apply.

If this option interests you, you must complete your enrolment at least 3 weeks before the date of arrival.

**The stay extends from Sunday** (arrival late afternoon) **to Saturday** (departure in the morning).

For stays in La Rochelle the family will meet you at the train station or the airport of La Rochelle.

For stays on the Ile de Re it is recommended that you take the shuttle from the station or the airport.

**Tariffs** including VAT per person per week

<b>Host family half board</b>	€ 210
<b>Host family (with ensuite/private bathroom) half board</b>	€ 260
<b>Fee to find a family</b>	€ 70

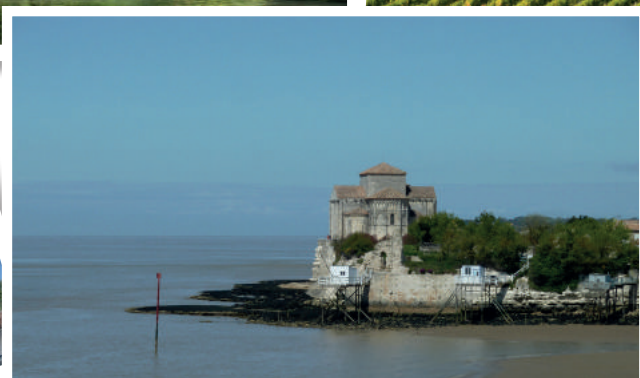
# Discover the Atlantic coast

Our **ilingua** centres in La Rochelle and the Île de Ré are situated on the west coast of France, 480km from Paris at the centre of a crescent radiating from Bordeaux to Nantes passing through Poitiers with its famous Futuroscope. So many magnificent towns, sites and remarkable places of interest to visit all year round from the region of Cognac and Saint-Émilion for the lovers of good wine, to the many curiosities of the region around Nantes.



You will also appreciate the gastronomy, the cultural, architectural and environmental richness of this immense region which makes up the great West with its bracing climate. You will be seduced by the beauty of our coast and the numerous natural reserves, the "côte sauvage" near Royan, the creeks, cliffs and superb white sandy beaches of Les Sables d'Olonne.

Not forgetting our islands (Oléron, Ré, Aix...) which can be visited either by boat, on foot, by bike, on horseback for breakaways at anytime of the year. It is these remarkable sites, like the Marais Poitevin, which give La Rochelle and its region its drawing power and places it amongst the most touristic in France. For example, the successful "Nuits Romanes" and the open-air shows will enchant your summer evenings in a number of magical locations.



# How to get to La Rochelle



## By Road :

Motorway A10 exit 33 or motorway A83 exit 7, and follow directions for La Rochelle

- Bordeaux : 190km of which 120km by motorway A10 (exit La Rochelle)
- Nantes : 150km by motorway A83 (around 1 hour 30 mins)
- Paris : 470km by motorway A10 (exit A83 at Niort)

## The nearest train stations :

- La Rochelle train station (town centre)
- Bordeaux (2 hours) 6 trains a day on average
- Nantes (2 hours) 4 trains a day on average
- Paris (3 hours) 7 trains a day on average

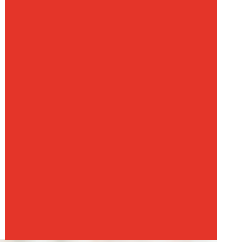
## There are many direct flight to Nantes and Bordeaux

**Nantes (1h30)** : Austria, Belgium, Cyprus, Croatia, Czech republic, Germany, Greece, Hungary, Italy, Malta, Netherlands, Poland, Portugal, Spain, Turkey

**Bordeaux (2 hours)**: Albania, Algeria, Austria, Belgium, Greece, Croatia, Germany, Malta, Morocco, Netherlands, Portugal, Spain, Switzerland, Tunisia, Turkey.



Reception at Roissy Charles De Gaulle is possible in summer, contact us for more information.



**inlingua - 05 40 000 200 - [info@inlingua-larochelle.com](mailto:info@inlingua-larochelle.com) - [www.inlingua-larochelle.com](http://www.inlingua-larochelle.com)**

### La Rochelle

3 Rue Alfred Kastler (Quartier des Minimes) - 17 000 La Rochelle - FRANCE

